



BOYS & GIRLS CLUB
OF SOUHEGAN VALLEY

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May 4, 2009

Dear Parents:

This letter will provide you information about how the spread of the swine flu (H1N1) might affect your children as they return to school and attend the afterschool programs at the Boys & Girls Club of Souhegan Valley.

It appears that this new influenza can be spread from person to person. With this in mind, we want to do all we can to try to prevent transmission within our Club.

Actions you should take —

- **If you or your child has recently returned from an affected geographic area** monitor for symptoms of influenza for seven days after returning. If symptoms occur, call your healthcare provider for evaluation (be sure to mention your recent travel history).
- **If you or your child is sick, stay home from work, school, and the Boys & Girls Club until you/they are better.** Keep sick people away from people who are not sick.
 - **Please call Caitlin Hunter at the Boys & Girls Club** about your child's symptoms so we can watch for other members with the same symptoms.
- Please send your child to school and the Boys & Girls Club of Souhegan Valley with a filled water bottle. This will cut down on the use of the water fountain and reduce the potential spread of germs.

Actions we will/may take –

- We will be reinforcing good, basic hygiene, including: hand washing, covering coughs, and reminding kids to keep their hands away from their face.
- Should the swine flu (H1N1) continue to spread causing the Milford schools to close – THE BOYS & GIRLS CLUB OF SOUHEGAN VALLEY WILL ALSO CLOSE. This will help contain the potential spread of illness.

It's important for us all to keep informed about what's happening. You can get more information from:

- CDC website at www.cdc.gov/swineflu
- NH Department of Health and Human Services
 - http://www.dhhs.state.nh.us/DHHS/DHHS_SITE/default.htm
 - NH Department of Health and Human Services Communicable Disease Section: 603-271-4496.
 - Swine Influenza Hotline: 1-888-330-6764
- The federal government keeps current information for individuals and families at www.pandemicflu.gov

Sincerely,

Susan Taylor

Executive Director/CPO

The Positive Place for Kids
www.svbhc.org